



Diagnostic Imaging Patient Information Sheet

In x-ray procedures, x rays pass through the body to form pictures on computer or television monitor, which are viewed by a radiologist. Different kinds of tests give you different exposure levels (Bone Mineral Density is a very low dose technique; CT scanning is at the high end of the medical dose range), and the radiation dose will depend on many other factors, including your body size and the specific clinical question that is being asked. Physicians and technologists performing these procedures are trained to use the minimum amount of radiation necessary for the procedure. Benefits from the medical procedure greatly outweigh any potential small risk of harm from the amount of radiation used.

To better serve you, your health information will only be disclosed to other health care providers involved in your personal circle of care unless you have expressly withheld or withdrawn your consent.

Your procedure may involve the administration of contrast. Medical contrast medium is used to improve the visibility of internal bodily structures by making fluid-like structures or hollow areas of the body visible on a CT or X-ray image. Radiocontrast agents are typically iodine or barium compounds. The contrast mediums are administered intravenously, orally or rectally. Even though the use of contrast improves your X-rays, there is a risk of having an allergic reaction to the substance.

Most people have this type of injection without complications but reaction can occur. Most of these reactions are mild and may include a feeling of warmth, nausea and vomiting. Generally, these symptoms occur only for a short period of time and do not require treatment. Moderate reactions, including severe vomiting and/or hives may require treatment. Rarely, more severe allergic reactions can occur, including a drop in blood pressure and irregularities of the heart beat and in extreme rare cases, deaths. The medical staff in charge of your examination is aware of these risks and possible complications. **If you have ever had any of these before with contrast, please tell the Technologist.**

Do you wish to speak to a Radiologist concerning the contrast injection NO YES

I _____ have read this patient information.
(Patient name)

Signature: _____ Date: _____

Substitute Decision Maker:

Name: _____ Signature: _____